

## Gdańsk – Górki Zachodnie, "Duathlon &amp; Maraton MTB" - DUATHOLN

Miejsce: GDAŃSK AZS Hotel Galion - 2017-10-21

Organizator: AZS Centralny Ośrodek Sportu Akademickiego Ośrodek w Gdańsku - Górki Zachodnie

| Miejsce Open | Numer | Nazwisko   | Imię       | Płeć | Miejsce płeć M / K | Rok ur | Kategoria     | Miejsce kat. M / K | Miejscowość     | Klub                       | DYST ANS | WYNIK   | km/h  | min/km | BIEG 1  | ROWER 1. PETLA | ROWER 2. PETLA | BIEG 2  |
|--------------|-------|------------|------------|------|--------------------|--------|---------------|--------------------|-----------------|----------------------------|----------|---------|-------|--------|---------|----------------|----------------|---------|
| 1            | 133   | CZAPLIŃSKI | JAN        | M    | 1                  | 1982   | M 30-39       |                    | BRWINÓW         | KOMOBIKE SCOTT             | DUATHOLN | 1:49:01 | 18,71 | 03:12  | 0:14:00 | 0:46:26        | 1:17:44        | 1:32:56 |
| 2            | 148   | KRZYWY     | KRZYSZTOF  | M    | 2                  | 1978   | M 30-39       |                    | GDAŃSK          | NEXUS TEAM                 | DUATHOLN | 1:52:56 | 18,06 | 03:19  | 0:15:47 | 0:45:59        | 1:15:57        | 1:33:36 |
| 3            | 40    | MARZEC     | TOMASZ     | M    | 3                  | 1989   | M 0-29        |                    | SŁUPSK          | DOKTORBAJK                 | DUATHOLN | 1:53:15 | 18,01 | 03:20  | 0:14:35 | 0:47:00        | 1:20:34        | 1:36:12 |
| 4            | 2     | BAGROWSKI  | TOMASZ     | M    | 4                  | 1981   | M 30-39       | 1                  | GDAŃSK          | RADOŚĆ BIEGANIA            | DUATHOLN | 1:56:57 | 17,44 | 03:26  | 0:13:59 | 0:51:26        | 1:26:45        | 1:41:41 |
| 5            | 9     | CZAJKOWSKI | PAWEŁ      | M    | 5                  | 1981   | M 30-39       | 2                  | GDYNIA          | BCT TEAM GDYNIA            | DUATHOLN | 1:57:19 | 17,39 | 03:27  | 0:14:06 | 0:50:24        | 1:25:08        | 1:40:46 |
| 6            | 20    | JOKIEL     | RADOSŁAW   | M    | 6                  | 1985   | M 30-39       | 3                  | GDAŃSK          |                            | DUATHOLN | 1:59:22 | 17,09 | 03:31  | 0:15:41 | 0:50:02        | 1:23:49        | 1:41:13 |
| 7            | 6     | BLUJ       | MIKOŁAJ    | M    | 7                  | 1993   | M 0-29        | 1                  | GDYNIA          | VO2MAX MTB TEAM            | DUATHOLN | 1:59:38 | 17,05 | 03:31  | 0:14:33 | 0:51:27        | 1:26:57        | 1:42:50 |
| 8            | 44    | MORAWSKI   | PIOTR      | M    | 8                  | 1974   | M 40-49       | 1                  | GDYNIA          | BANACH SPORT TEAM          | DUATHOLN | 2:00:05 | 16,99 | 03:32  | 0:15:39 | 0:50:48        | 1:25:39        | 1:42:23 |
| 9            | 60    | TYGIELSKI  | MATEUSZ    | M    | 9                  | 1995   | M 0-29        | 2                  | GDAŃSK          | NEXUS TEAM                 | DUATHOLN | 2:03:59 | 16,45 | 03:39  | 0:15:29 | 0:51:29        | 1:25:08        | 1:43:37 |
| 10           | 50    | SAJENKO    | ADAM       | M    | 10                 | 1990   | M 0-29        | 3                  | GDAŃSK          | SAJFLY / INVICTAPOWERTEAM  | DUATHOLN | 2:05:24 | 16,27 | 03:41  | 0:15:27 | 0:51:28        | 1:29:03        | 1:46:38 |
| 11           | 15    | HOPPE      | MATEUSZ    | M    | 11                 | 1991   | M 0-29        | 4                  | GDANSK          | SKŻ SOPOT                  | DUATHOLN | 2:06:31 | 16,12 | 03:43  | 0:17:10 | 0:53:54        | 1:29:48        | 1:48:12 |
| 12           | 59    | TUREK      | KAROL      | M    | 12                 | 1981   | M 30-39       | 4                  | LEŚNIEWO        | KLIF MTB TEAM              | DUATHOLN | 2:06:40 | 16,11 | 03:44  | 0:16:03 | 0:52:35        | 1:28:55        | 1:46:42 |
| 13           | 68    | ZASADA     | GRZEGORZ   | M    | 13                 | 1978   | M 30-39       | 5                  | PUCK            |                            | DUATHOLN | 2:06:54 | 16,08 | 03:44  | 0:16:31 | 0:52:36        | 1:27:58        | 1:47:20 |
| 14           | 56    | ŚLIPY      | ADAM       | M    | 14                 | 1977   | M 40-49       | 2                  | GDYNIA / POLAND | BST / TORUS TRIATHLON TEAM | DUATHOLN | 2:07:05 | 16,05 | 03:44  | 0:15:27 | 0:52:10        | 1:30:53        | 1:48:29 |
| 15           | 63    | WIŚNIEWSKI | MICHAŁ     | M    | 15                 | 1977   | M 40-49       | 3                  | GDAŃSK          | TRIATHLON TRÓJMIASTO       | DUATHOLN | 2:07:49 | 15,96 | 03:46  | 0:16:07 | 0:54:06        | 1:32:21        | 1:49:38 |
| 16           | 141   | PIÓRCZYK   | CEZARIUSZ  | M    | 16                 | 1982   | M 30-39       | 6                  | GDAŃSK          | KS AZS AWFIS GDAŃSK        | DUATHOLN | 2:08:25 | 15,89 | 03:47  | 0:16:00 | 0:53:43        | 1:32:04        | 1:49:39 |
| 17           | 66    | ZABROCKA   | ALEKSANDRA | K    | 1                  | 1984   | K 30 i więcej |                    | KOŚCIERZYNA     | MLKS BASZTA BYTÓW          | DUATHOLN | 2:08:40 | 15,85 | 03:47  | 0:17:37 | 0:55:31        | 1:31:25        | 1:49:37 |
| 18           | 34    | LIP        | RAFAŁ      | M    | 17                 | 1981   | M 30-39       | 7                  | GDYNIA          | NYPEL REDA                 | DUATHOLN | 2:08:41 | 15,85 | 03:47  | 0:16:26 | 0:54:45        | 1:32:36        | 1:50:23 |
| 19           | 54    | SUŁEK      | GRZEGORZ   | M    | 18                 | 1981   | M 30-39       | 8                  | RZESZÓW         | JEPPESEN                   | DUATHOLN | 2:09:00 | 15,81 | 03:48  | 0:15:28 | 0:54:42        | 1:33:19        | 1:50:51 |
| 20           | 53    | SKAWIŃSKI  | TOMASZ     | M    | 19                 | 1971   | M 40-49       | 4                  | GDYNIA          | NEXUS TEAM                 | DUATHOLN | 2:09:37 | 15,74 | 03:49  | 0:16:50 | 0:55:42        | 1:33:26        | 1:51:39 |
| 21           | 55    | SZYMAŃSKI  | ARTUR      | M    | 20                 | 1969   | M 40-49       | 5                  | GDAŃSK          | LOTOS TEAM                 | DUATHOLN | 2:11:03 | 15,57 | 03:51  | 0:16:03 | 0:56:01        | 1:36:22        | 1:53:15 |
| 22           | 24    | KASZTELAN  | RADOSŁAW   | M    | 21                 | 1977   | M 40-49       | 6                  | KWIDZYN         | KWIDZYN BIKE RACING TEAM   | DUATHOLN | 2:11:12 | 15,55 | 03:52  | 0:17:07 | 0:55:31        | 1:33:17        | 1:51:36 |
| 23           | 1     | BACZEWSKI  | DANIEL     | M    | 22                 | 1982   | M 30-39       | 9                  | BANINO          | LOTOS TEAM                 | DUATHOLN | 2:11:20 | 15,53 | 03:52  | 0:16:08 | 0:55:37        | 1:34:53        | 1:52:58 |
| 24           | 3     | BARTNIK    | ŁUKASZ     | M    | 23                 | 1978   | M 30-39       | 10                 | GDYNIA          | ENZO KOLOMAŃSKI ROWERY     | DUATHOLN | 2:11:21 | 15,53 | 03:52  | 0:16:32 | 0:55:30        | 1:33:52        | 1:52:18 |
| 25           | 45    | ORZĘDOWSKI | DOMINIK    | M    | 24                 | 1971   | M 40-49       | 7                  | KWIDZYN         | KWIDZYN BIKE RACING TEAM   | DUATHOLN | 2:11:38 | 15,50 | 03:52  | 0:17:08 | 0:55:43        | 1:33:52        | 1:52:59 |
| 26           | 25    | KONIAIEV   | VOLODYMYR  | M    | 25                 | 1985   | M 30-39       | 11                 | UKRAINE         | RUN BYDGOSZCZ              | DUATHOLN | 2:12:26 | 15,40 | 03:54  | 0:14:34 | 0:54:41        | 1:36:32        | 1:54:28 |
| 27           | 51    | SEWERYN    | WALDEMAR   | M    | 26                 | 1969   | M 40-49       | 8                  | KARSIN          | GARDENFLORA MTB TEAM       | DUATHOLN | 2:12:44 | 15,37 | 03:54  | 0:17:20 | 0:55:29        | 1:34:52        | 1:53:26 |
| 28           | 39    | MAJCHRZAK  | BARTOSZ    | M    | 27                 | 1985   | M 30-39       | 12                 | POZNAŃ          | PKO BANK POLSKI            | DUATHOLN | 2:13:53 | 15,24 | 03:56  | 0:16:52 | 0:56:03        | 1:34:58        | 1:54:32 |
| 29           | 49    | SADOWSKI   | PIOTR      | M    | 28                 | 1979   | M 30-39       | 13                 | GDAŃSK          | LOTOS RUNNING TEAM         | DUATHOLN | 2:14:56 | 15,12 | 03:58  | 0:17:55 | 0:55:48        | 1:33:13        | 1:53:45 |
| 30           | 65    | WYRWICKI   | RAFAŁ      | M    | 29                 | 1980   | M 30-39       | 14                 | GDAŃSK          |                            | DUATHOLN | 2:16:06 | 14,99 | 04:00  | 0:16:01 | 0:55:33        | 1:35:11        | 1:55:40 |
| 31           | 36    | LISIECKI   | TOMASZ     | M    | 30                 | 1967   | M 50 i więcej | 1                  | GDYNIA          |                            | DUATHOLN | 2:16:11 | 14,98 | 04:00  | 0:16:24 | 0:56:09        | 1:37:18        | 1:56:57 |
| 32           | 29    | KRAWCZYK   | MARCIN     | M    | 31                 | 1996   | M 0-29        | 5                  | LĘBORK          | KLUB KOLARSKI LEW LĘBORK   | DUATHOLN | 2:16:47 | 14,91 | 04:01  | 0:18:14 | 0:55:50        | 1:34:20        | 1:55:43 |
| 33           | 43    | MICHALAK   | ARTUR      | M    | 32                 | 1981   | M 30-39       | 15                 | BŁONIE          |                            | DUATHOLN | 2:16:52 | 14,91 | 04:02  | 0:15:37 | 0:56:09        | 1:39:16        | 1:57:19 |
| 34           | 61    | WARGUŁA    | WALDEMAR   | M    | 33                 | 1980   | M 30-39       | 16                 | RAKOWNIA        | KIBOLSKI KS                | DUATHOLN | 2:17:44 | 14,81 | 04:03  | 0:19:27 | 0:58:49        | 1:37:19        | 1:57:34 |
| 35           | 47    | RODZIŃSKI  | DAMIAN     | M    | 34                 | 1978   | M 30-39       | 17                 | SŁUPSK          | STOPA SŁUPSK               | DUATHOLN | 2:19:47 | 14,59 | 04:07  | 0:17:28 | 0:57:18        | 1:37:22        | 1:57:27 |
| 36           | 5     | BIŃKOWSKI  | ARTUR      | M    | 35                 | 1991   | M 0-29        | 6                  | GAŁKÓW MAŁY     | EXIM-BIKE                  | DUATHOLN | 2:19:54 | 14,58 | 04:07  | 0:18:16 | 0:56:08        | 1:37:20        | 1:58:12 |
| 37           | 149   | PTASZEK    | TOMASZ     | M    | 36                 | 1983   | M 30-39       | 18                 | GDYNIA          | SAILORS                    | DUATHOLN | 2:19:59 | 14,57 | 04:07  | 0:18:18 | 0:57:37        | 1:37:42        | 1:58:29 |

**Gdańsk – Górki Zachodnie, "Duathlon & Maraton MTB" - DUATHLON**

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Organizator: AZS Centralny Ośrodek Sportu Akademickiego Ośrodek w Gdańsku - Górki Zachodnie

| Miejsce Open | Numer | Nazwisko           | Imię       | Płeć | Miejsce płeć M / K | Rok ur | Kategoria     | Miejsce kat. M / K | Miejscowość       | Klub                        | DYST ANS | WYNIK   | km/h  | min/km | BIEG 1  | ROWER 1. PETLA | ROWER 2. PETLA | BIEG 2  |
|--------------|-------|--------------------|------------|------|--------------------|--------|---------------|--------------------|-------------------|-----------------------------|----------|---------|-------|--------|---------|----------------|----------------|---------|
| 38           | 147   | JAKUBOWSKA-OLECH   | EDYTA      | K    | 2                  | 1967   | K 30 i więcej |                    | ŚWIECIE           | MTB ELДАР ŚWIECIE           | DUATHLON | 2:21:05 | 14,46 | 04:09  | 0:17:46 | 0:58:40        | 1:39:20        | 1:59:26 |
| 39           | 42    | MAZURKIEWICZ       | MAKS       | M    | 37                 | 1989   | M 0-29        | 7                  | GDAŃSK            | KS BERO / FORFIT            | DUATHLON | 2:21:51 | 14,38 | 04:10  | 0:16:25 | 0:56:20        | 1:37:39        | 1:57:39 |
| 40           | 19    | JARZĄBEK           | BARTŁOMIEJ | M    | 38                 | 1980   | M 30-39       | 19                 | KARSIN            | GARDENFLORA MTB TEAM        | DUATHLON | 2:23:47 | 14,19 | 04:14  | 0:17:43 | 0:59:31        | 1:40:36        | 2:00:58 |
| 41           | 12    | FOGT               | MACIEJ     | M    | 39                 | 1981   | M 30-39       | 20                 | KRUSZYN           | CB163                       | DUATHLON | 2:27:30 | 13,83 | 04:20  | 0:16:51 | 1:00:52        | 1:46:30        | 2:06:54 |
| 42           | 17    | JANCZAK            | SŁAWOMIR   | M    | 40                 | 1983   | M 30-39       | 21                 | PSZCZÓŁKI         | DREAM TRI TEAM              | DUATHLON | 2:28:09 | 13,77 | 04:21  | 0:17:20 | 1:00:56        | 1:46:11        | 2:07:38 |
| 43           | 22    | KABACIŃSKI         | TOMASZ     | M    | 41                 | 1983   | M 30-39       | 22                 | WRONKI            |                             | DUATHLON | 2:28:39 | 13,72 | 04:22  | 0:19:29 | 1:02:25        | 1:46:25        | 2:07:02 |
| 44           | 30    | KREFFT             | MARIA      | K    | 3                  | 2000   | K 0-29        |                    | PARCHOWO          | MLKS BASZTA BYTÓW           | DUATHLON | 2:29:24 | 13,65 | 04:24  | 0:19:14 | 1:02:06        | 1:44:48        | 2:06:18 |
| 45           | 64    | WITKOŚ             | KAMIL      | M    | 42                 | 1983   | M 30-39       | 23                 | BARTOSZYCE        | DLA FRAJDY                  | DUATHLON | 2:31:13 | 13,49 | 04:27  | 0:18:04 | 1:03:30        | 1:48:45        | 2:09:39 |
| 46           | 46    | PILSKI             | WOJCIECH   | M    | 43                 | 1973   | M 40-49       | 9                  | GDAŃSK            |                             | DUATHLON | 2:32:11 | 13,40 | 04:29  | 0:18:29 | 1:02:33        | 1:47:19        | 2:08:52 |
| 47           | 7     | BLUJ               | ROMAN      | M    | 44                 | 1960   | M 50 i więcej | 2                  | GDYNIA            | VO2MAX MTB TEAM             | DUATHLON | 2:33:08 | 13,32 | 04:30  | 0:18:22 | 1:02:40        | 1:50:24        | 2:11:17 |
| 48           | 4     | BIERNACIK          | MARIUSZ    | M    | 45                 | 1964   | M 50 i więcej | 3                  | GDAŃSK            | ZKPIG KOLBUDY               | DUATHLON | 2:34:37 | 13,19 | 04:33  | 0:16:43 | 1:09:56        | 1:08:58        | 2:13:05 |
| 49           | 31    | KUCAL              | MACIEJ     | M    | 46                 | 1984   | M 30-39       | 24                 | GDAŃSK            | 3ATHLETE / DREAM TRI TEAM   | DUATHLON | 2:34:56 | 13,17 | 04:33  | 0:17:54 | 1:03:13        | 1:51:23        | 2:12:23 |
| 50           | 32    | KWAŚNIAK           | ZDZISŁAW   | M    | 47                 | 1960   | M 50 i więcej | 4                  | SŁUPSK            | STOPA SŁUPSK                | DUATHLON | 2:35:19 | 13,13 | 04:34  | 0:19:13 | 1:03:55        | 1:51:26        | 2:13:22 |
| 51           | 41    | MATULEWICZ         | MAGDALENA  | K    | 4                  | 1988   | K 0-29        | 1                  | ELBLĄG            |                             | DUATHLON | 2:36:36 | 13,03 | 04:36  | 0:16:36 | 1:06:03        | 1:57:30        | 2:15:56 |
| 52           | 150   | NOWICKI            | MARIUSZ    | M    | 48                 | 1978   | M 30-39       | 25                 | KOZIEGŁOWY        | FOTOMTB.PL                  | DUATHLON | 2:36:57 | 13,00 | 04:37  | 0:15:36 | 1:10:18        | 2:00:02        | 2:18:11 |
| 53           | 58    | TRZASKA            | PRZEMYSŁAW | M    | 49                 | 1985   | M 30-39       | 26                 | GDAŃSK            | DREAM TRI TEAM              | DUATHLON | 2:39:56 | 12,76 | 04:42  | 0:14:07 | 1:01:14        | 1:50:56        | 2:19:43 |
| 54           | 16    | JACIŃSKI           | RAFAŁ      | M    | 50                 | 1976   | M 40-49       | 10                 | GDYNIA            | MAMY TO !                   | DUATHLON | 2:43:08 | 12,51 | 04:48  | 0:16:33 | 1:02:08        | 1:50:43        | 2:16:54 |
| 55           | 48    | ROGOWSKI           | PATRYK     | M    | 51                 | 1988   | M 0-29        | 8                  | GDAŃSK            | SIWY I PRZYJACIELE          | DUATHLON | 2:45:10 | 12,35 | 04:51  | 0:18:38 | 1:03:49        | 1:54:25        | 2:19:14 |
| 56           | 67    | ZAKRZEWSKI         | MARIUSZ    | M    | 52                 | 1964   | M 50 i więcej | 5                  | STAROGARD GDAŃSKI | DAMA                        | DUATHLON | 2:45:56 | 12,29 | 04:53  | 0:17:46 | 1:08:24        | 1:59:44        | 2:21:08 |
| 57           | 26    | KOPEĆ              | KATARZYNA  | K    | 5                  | 1989   | K 0-29        | 2                  | GDYNIA            | IN RUNNING SHOES            | DUATHLON | 2:47:18 | 12,19 | 04:55  | 0:19:32 | 1:11:13        | 2:03:06        | 2:25:21 |
| 58           | 21    | JUSZCZAK           | KRZYSZTOF  | M    | 53                 | 1954   | M 50 i więcej | 6                  | KOSZALIN          |                             | DUATHLON | 2:47:34 | 12,17 | 04:56  | 0:21:46 | 1:09:32        | 1:58:28        |         |
| 59           | 18    | JANOWSKI           | KRZYSZTOF  | M    | 54                 | 1977   | M 40-49       | 11                 | KRUSZYN           | CB163                       | DUATHLON | 2:48:28 | 12,11 | 04:57  | 0:21:58 | 1:10:59        | 2:00:50        |         |
| 60           | 140   | BLACH              | OLGA       | K    | 6                  | 1985   | K 30 i więcej | 1                  | SZCZYTNO          | ORANGE IRON TEAM            | DUATHLON | 2:48:28 | 12,11 | 04:57  | 0:25:16 | 2:20:21        | 1:52:39        |         |
| 61           | 35    | LIPKOWSKI          | PAWEŁ      | M    | 55                 | 1987   | M 30-39       | 27                 | TCZEW             |                             | DUATHLON | 2:51:29 | 11,90 | 05:03  | 0:19:10 | 1:10:12        | 2:02:41        | 2:27:49 |
| 62           | 37    | LOREK              | MARCIN     | M    | 56                 | 1971   | M 40-49       | 12                 | TORUN             |                             | DUATHLON | 2:54:56 | 11,66 | 05:09  | 0:19:46 | 1:10:05        | 2:03:47        | 2:28:55 |
| 63           | 135   | DOBRANIECKI        | PRZEMYSŁAW | M    | 57                 | 1978   | M 30-39       | 28                 | GDYNIA            | -                           | DUATHLON | 2:55:43 | 11,61 | 05:10  | 0:20:28 | 1:17:07        | 2:12:23        | 2:33:03 |
| 64           | 27    | KOWALEWSKI         | ZBIGNIEW   | M    | 58                 | 1959   | M 50 i więcej | 7                  | GDAŃSK            |                             | DUATHLON | 2:55:46 | 11,61 | 05:10  | 0:19:49 | 1:09:33        | 1:58:26        |         |
| 65           | 138   | KRAWCZYK           | MICHAŁ     | M    | 59                 | 1985   | M 30-39       | 29                 | BOLECHOWICE       | ORANGE IRON TEAM            | DUATHLON | 2:58:30 | 11,43 | 05:15  | 0:25:10 | 1:12:56        | 2:01:27        | 2:29:37 |
| 66           | 57    | TARKOWSKI          | MARCIN     | M    | 60                 | 1980   | M 30-39       | 30                 | GDAŃSK            | THYSSENKRUPP CYCLING TEAM   | DUATHLON | 3:00:40 | 11,29 | 05:19  | 0:20:47 | 1:10:03        | 2:03:07        | 2:30:15 |
| 67           | 62    | WIKTOROWICZ        | DARIUSZ    | M    | 61                 | 1972   | M 40-49       | 13                 | GDYNIA            |                             | DUATHLON | 3:02:54 | 11,15 | 05:23  | 0:20:43 | 1:11:31        | 2:07:37        |         |
| 68           | 137   | PIOTROWICZ-JANCZAK | HANNA      | K    | 7                  | 1987   | K 30 i więcej | 2                  | GDAŃSK            | DREAM TRI TEAM              | DUATHLON | 3:03:16 | 11,13 | 05:23  | 0:18:42 | 1:23:58        | 2:18:17        | 2:39:43 |
| 69           | 14    | GORCZYCA           | JAROSŁAW   | M    | 62                 | 1986   | M 30-39       | 31                 | GDAŃSK            | GWS                         | DUATHLON | 3:09:31 | 10,76 | 05:34  | 0:22:15 | 1:17:52        | 2:12:01        | 2:41:09 |
| 70           | 136   | WIŚNIEWSKI         | MICHAŁ     | M    | 63                 | 1977   | M 40-49       | 14                 | GDYNIA            | -                           | DUATHLON | 3:12:59 | 10,57 | 05:41  | 0:20:29 | 1:19:32        | 2:21:20        | 2:44:43 |
| 71           | 38    | ŁĄCKI              | DOMINIK    | M    | 64                 | 1986   | M 30-39       | 32                 | BRZEŻNO WIELKIE   | KLUB JANUSZÓW LEKKOATLETYKI | DUATHLON | 3:31:17 | 9,66  | 06:13  | 0:21:45 | 1:28:30        | 2:46:49        | 3:21:17 |
| 72           | 33    | LANDZBERG          | PAWEŁ      | M    | 65                 | 1986   | M 30-39       | 33                 | BRZEŻNO WIELKIE   | KLUB JANUSZÓW LEKKOATLETYKI | DUATHLON | 3:43:41 | 9,12  | 06:35  | 0:21:43 | 1:28:28        | 2:44:13        | 3:11:31 |
| -            | 134   | KACPRZAK           | MARCIN     | M    | -                  | 1983   | M 30-39       | -                  | GDAŃSK            | NA ROWERZE Z KOMUNII :P     | DUATHLON | DNF     | -     | -      | 0:18:35 |                | 1:08:59        |         |